

Your PRALUENT® (alirocumab) checklist



Make sure to have this checklist on hand, along with any backup information you may have, when you visit your doctor.

Date of most recent cholesterol test results: _____

Know your medical history, including your cholesterol levels:

- Write down your cholesterol levels/date of lab results below:
 - Levels of bad (LDL) cholesterol _____
 - Levels of good (HDL) cholesterol _____
 - Triglycerides _____
 - Total cholesterol _____
- Health history/age of diagnosis (check all that apply):
 - Heart problems due to plaque buildup in the arteries, for example, heart attack and angina..... Age: _____
 - Heterozygous familial hypercholesterolemia (HeFH)..... Age: _____
 - Other Age: _____

Medications you have taken or are currently taking to help lower your cholesterol (for example, statin):

MEDICATION	DOSE(S)	START DATE	STOP DATE
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

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What is PRALUENT® (alirocumab)?

PRALUENT is an injectable prescription medicine called a PCSK9 inhibitor. PRALUENT is used along with diet and maximally tolerated statin therapy in adults with heterozygous familial hypercholesterolemia (an inherited condition that causes high levels of LDL) or atherosclerotic heart problems, who need additional lowering of LDL cholesterol.

The effect of PRALUENT on heart problems such as heart attacks, stroke, or death is not known.

It is not known if PRALUENT is safe and effective in children.

Important Safety Information

Do not use PRALUENT if you are allergic to alicumab or to any of the ingredients in PRALUENT.

Before starting PRALUENT, tell your healthcare provider about all your medical conditions, including allergies, and if you are pregnant or plan to become pregnant or if you are breastfeeding or plan to breastfeed.

Please see page 2 for additional Important Safety Information for PRALUENT. Please see [Full Prescribing Information](#) available at www.PRALUENT.com.



Recent lifestyle changes you have made to lower your cholesterol (for example, exercise or diet):

List of doctors helping you lower your cholesterol (primary care provider, cardiologist, endocrinologist, etc):

TYPE OF DOCTOR	NAME	CONTACT	CURRENT	PREVIOUS
_____	_____	_____	<input type="radio"/>	<input type="radio"/>
_____	_____	_____	<input type="radio"/>	<input type="radio"/>
_____	_____	_____	<input type="radio"/>	<input type="radio"/>

Your insurance information, including:

Insurance company name: _____ Your policy ID number: _____

Name and phone number of contact person at insurance company:

Your pharmacy contact information, including:

Name of pharmacy: _____ Address: _____

Phone number and name of pharmacist:

We created this checklist for you to help with the process of getting PRALUENT.

Important Safety Information (cont'd)

Tell your healthcare provider or pharmacist about any prescription and over-the-counter medicines you are taking or plan to take, including natural or herbal remedies.

PRALUENT can cause serious side effects, including allergic reactions that can be severe and require treatment in a hospital. Call your healthcare provider or go to the nearest emergency room right away if you have any symptoms of an allergic reaction, including a severe rash, redness, severe itching, a swollen face, or trouble breathing.

The most common side effects of PRALUENT include: redness, itching, swelling, or pain/tenderness at the injection site, symptoms of the common cold, and flu or flu-like symptoms. Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

Talk to your healthcare provider about the right way to prepare and give yourself a PRALUENT injection and follow the "Instructions for Use" that comes with PRALUENT.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see [Full Prescribing Information](#) available at www.PRALUENT.com.



To learn more, call 1-844-PRALUENT (1-844-772-5836)*

*Available Monday to Friday 8:00 AM to 11:00 PM EST and Saturday to Sunday 8:00 AM to 8:00 PM EST.

No matter your insurance coverage, the MyPRALUENT® Patient Support Program may be able to help you with the cost of PRALUENT. To learn more, call 1-844-PRALUENT (1-844-772-5836) and press 1 to speak to a care specialist.*

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Praluent®
(alirocumab) Injection 75mg/mL
150mg/mL