

Your PRALUENT® (alirocumab) Checklist



Not actual patients.

This checklist can help you prepare for your next doctor visit. Make sure you have this checklist on hand, along with any backup information you may have. If you are viewing this on your computer, you can enter your information below, save it to your desktop, and print this checklist to take with you.

Date of most recent cholesterol test results:

Know your medical history, including your cholesterol levels:

- Write down your cholesterol levels/date of lab results below:
 - Bad (LDL) cholesterol _____
 - Good (HDL) cholesterol _____
 - Triglycerides _____
 - Total cholesterol _____

• Health history/age at diagnosis (check all that apply):

Heart problems due to plaque buildup in the arteries, for example, heart attack and angina..... Age: _____

Heterozygous familial hypercholesterolemia (HeFH)..... Age: _____

Other Age: _____

Medications you have taken or are currently taking to help lower your cholesterol (for example, statin):

MEDICATION	DOSE(S)	START DATE	STOP DATE
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

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What is PRALUENT® (alirocumab)?

PRALUENT is an injectable prescription medicine used:

- in adults with cardiovascular disease to reduce the risk of heart attack, stroke, and certain types of chest pain conditions (unstable angina) requiring hospitalization.
- along with diet, alone or together with other cholesterol-lowering medicines in adults with high blood cholesterol levels called primary hyperlipidemia (including a type of high cholesterol called heterozygous familial hypercholesterolemia), to reduce low-density lipoprotein cholesterol (LDL-C) or bad cholesterol.

It is not known if PRALUENT is safe and effective in children.

Important Safety Information

Do not use PRALUENT if you are allergic to alirocumab or to any of the ingredients in PRALUENT.

Before you start using PRALUENT, tell your healthcare provider about all of your medical conditions, including allergies, and if you are pregnant or plan to become pregnant or if you are breastfeeding or plan to breastfeed.

Please see page 2 for additional Important Safety Information for PRALUENT. Please see [Full Prescribing Information](http://www.PRALUENT.com) available at www.PRALUENT.com.



Recent lifestyle changes you have made to lower your cholesterol (for example, exercise or diet):

List of doctors helping you lower your cholesterol (primary care provider, cardiologist, endocrinologist, etc):

TYPE OF DOCTOR	NAME	CONTACT	CURRENT	PREVIOUS
_____	_____	_____	<input type="radio"/>	<input type="radio"/>
_____	_____	_____	<input type="radio"/>	<input type="radio"/>
_____	_____	_____	<input type="radio"/>	<input type="radio"/>

Your insurance information, including:

Insurance company name: _____ Your policy ID number: _____

Name and phone number of contact person at insurance company:

Your pharmacy contact information, including:

Name of pharmacy: _____ Address: _____

Phone number and name of pharmacist:

We created this checklist for you to help with the process of getting PRALUENT®

Important Safety Information (cont'd)

Tell your healthcare provider or pharmacist about any medicines you take, including prescription and over-the-counter medicines, vitamins or herbal supplements.

PRALUENT can cause serious side effects, including allergic reactions that can be severe and require treatment in a hospital. Stop using PRALUENT and call your healthcare provider or go to the nearest hospital emergency room right away if you have any symptoms of an allergic reaction including a severe rash, redness, hives, severe itching, trouble breathing or swelling of the face, lips, throat, or tongue.

The most common side effects of PRALUENT include: redness, itching, swelling, or pain/tenderness at the injection site, symptoms of the common cold, and flu or flu-like symptoms. Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

Talk to your doctor about the right way to prepare and give yourself a PRALUENT injection and follow the “Instructions for Use” that comes with PRALUENT.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see [Full Prescribing Information](http://www.PRALUENT.com) available at www.PRALUENT.com.



No matter what your insurance coverage is, the MyPRALUENT® Patient Support Program may be able to help you with the cost of PRALUENT. To learn more, call **1-844-PRALUENT (1-844-772-5836)**. We are available Monday to Friday, 8:00 AM to 8:00 PM EST.

REGENERON

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Praluent®
(alirocumab) Injection 75mg/mL
150mg/mL